



*family-centered
autism support*

UPCOMING MEETINGS

Location:

Scotch Plains Public Library
1927 Bartle Avenue
Scotch Plains, NJ 07076

Meeting facilitator:

Christine Gee-Lowrey

Time:

7:00 to 8:30pm

2009 dates:

January 7
February 5
March 5
April 2
May 7
June 4
July 2
August 6
September 3
October 1
November 5
December 3

For More Information:

(908) 889-8173
GroupSPIRIT@aol.com

Welcome Families !

As parents, guardians and caregivers, our task is to protect and provide for our children. But as parents of children with autism, we have unique and challenging demands placed upon us and can always use more support and understanding.

The **Group SPIRIT!** family-centered autism support group has been established to serve our neighbors in many ways. For those new to the diagnosis, the group offers important information from friends who have walked in their shoes. For those with young children on the spectrum, this group can offer guidance for the many daily functions and intricacies that are seemingly unmanageable. As our children approach their teens, support group members can offer support for these particularly unique challenges.

Group SPIRIT! enables local families to share their experiences with others who have similar experiences. The group meetings are opportunities for parents to know that they are not alone with these challenges, and that there is help.

Group SPIRIT! is dedicated to supporting, educating, and empowering families of children with autism by providing support, resources, family-oriented activities, and guidance. Monthly meetings are designed to unite families so that we can help each other along the way. We can offer helpful tips and short-cuts, important community resources, and ways to avoid common oversights. Many meetings offer guest speakers who provide valuable information for all participants.

Discussions take on many areas of interest including, information exchange, advocacy, education and literacy, therapies, nutrition, safety, transportation, siblings, travel, community awareness, recreation and much more.

Meetings are informative, yet provide a safe and comfortable place to express feelings and pressures, share experiences, and explore solutions. Don't worry if you need to come late or leave early. Come and meet some special families and friends.

Remember, you are not alone!

Be sure to visit the Autism Family Tours with Brianna web site at: www.autismfamilytours.org This organization offers many family-centered programs in our community.